

## **Anthropologies of Mental Health and Illness**

Jun-Prof. Dr. Thomas Stodulka

Thursdays, 10-12

Institute of Social and Cultural Anthropology, Freie Universität Berlin

Seminar room, Landoltweg 9-11, 14195 Berlin

Winter term (WS) 2016/17

Office hours: Wednesdays, 12 – 2pm

In this course, we will draw upon readings from psychological anthropology, transcultural psychiatry and science studies to examine mental health and illness with regards to subjective experiences, social relationships and cultural configurations of diagnosis and healing. Sessions will focus on cross-cultural variations of mental health and illness with a special interest on the experience and practices of researchers and therapists in clinical and non-clinical settings.

*Active participation* ('aktive Teilnahme') entails active discussion, moderation and response papers. *Examination requirements* ('Prüfungsleistung') include either writing three essays (5 pages) or a paper ('Hausarbeit', 15-20 pages).

### **1- 20.04. Psychological Anthropology and Global Mental Health**

*Video: Tanya Lubrmann - Making Psychological Anthropology Relevant to Global Mental Health; <https://vimeo.com/145555569>*

### **2- 04.05. Anthropology and Transcultural Psychiatry**

Good, B. J. (1997). "Studying Mental Illness in Context: Local, Global, or Universal?" *Ethos* 25(2): 230-248.

Kirmayer, L. J. (2007). Cultural Psychiatry in Historical Perspective. *Textbook of Cultural Psychiatry*. D. Bhugra and K. Bhui. Cambridge, Cambridge University Press: 3 - 19.

### **3- 11.05. Culture, Experience and Subjectivity**

Luhrman, T. M. (2016). "Down and out in Chicago." *Anthropology of This Century*. <http://aotcpress.com/articles/chicago/>.

Good, B. J. (2012). "Phenomenology, Psychoanalysis, and Subjectivity in Java." *Ethos* 40(1): 24-36.

Carpenter-Song, E., E. Chu, R. E. Drake, M. Ritsema, B. Smith and H. Alverson (2010). "Ethno- Cultural Variations in the Experience and Meaning of Mental Illness and Treatment: Implications for Access and Utilization." *Transcultural Psychiatry* 47(2): 224-251.

#### **4- 18.05. Narrative and Cognitive Approaches**

Groleau, D., A. Young and L. J. Kirmayer (2006). "The McGill Illness Narrative Interview (MINI): An Interview Schedule to Elicit Meanings and Modes of Reasoning Related to Illness Experience." Transcultural psychiatry **43**(4): 671 - 691.

Hollan, D. (2005). "Setting a New Standard: The Person-Centered Interviewing and Observation of Robert I. Levy." Ethos **33**(4): 459-466.

Quinn, N. (2008). How to Reconstruct Schemas People Share, from What They Say. Finding Culture in Talk : a Collection of Methods. N. Quinn. New York, Palgrave Macmillan: 35-81.

Weller, S. C. (2007). "Cultural Consensus Theory: Applications and Frequently Asked Questions." Field Methods **19**(4): 339-368.

#### **5- 01.06. Critical Psychology, Neuroscience and Cultural Phenomenology**

*Video: Laurence Kirmayer: Critical Neuroscience;*

<https://www.youtube.com/watch?v=MKTaELTa2EU>

Henrich, J., S. J. Heine and A. Norenzayan (2010). "The Weirdest People in the World?" Behavioral And Brain Sciences **33**(2/3): 1-75.

Csordas, T. (2015). Cultural Phenomenology and Psychiatric Illness. Re-Visioning Psychiatry Cultural Phenomenology, Critical Neuroscience, and Global Mental Health. L. J. Kirmayer, R. Lemelson and C. A. Cummings. Cambridge, Cambridge University Press: 117 - 140.

Kirmayer, L. J. (2015). Re-Visioning Psychiatry. Re-Visioning Psychiatry Cultural Phenomenology, Critical Neuroscience, and Global Mental Health. L. J. Kirmayer, R. Lemelson and C. A. Cummings. Cambridge, Cambridge University Press: 622-660.

#### **6- 08.06. 'Culture Bound Syndromes' and the Diagnostic and Statistical Manual of Mental Disorders (DSM-5)**

Geertz, H. (1968). "Latah in Java: A Theoretical Paradox." Indonesia(5): 93-104.

Lewis-Fernandez, R. and N. K. Aggarwal (2015). Psychiatric Classification Beyond the DSM. An Interdisciplinary Approach. Re-Visioning Psychiatry Cultural Phenomenology, Critical Neuroscience, and Global Mental Health. L. J. Kirmayer, R. Lemelson and C. A. Cummings. Cambridge, Cambridge University Press: 434-468.

Kirmayer, L. J. and N. Sartorius (2007). "Cultural Models and Somatic Syndromes." Psychosomatic Medicine **69**(9): 832-840.

#### **7- 15.06. The Pharmaceutical Self**

Rose, N. (2003). "Neurochemical Selves." Society **41**(1): 46-59.

Ecks, S. (2005). "Pharmaceutical Citizenship: Antidepressant Marketing and the Promise of Demarginalization in India." Anthropology & Medicine **12**(3): 239-254.

Illouz, E. (2008). Saving the Modern Soul: Therapy, Emotions, and the Culture of Self-Help. Berkeley, Univ. of California Press.

#### **8- 22.06. Researchers, Psychiatry and Psychiatrists**

Davies, J. (2014). Cracked: Why Psychiatry is Doing More Harm than Good. London, Icon.

Luhrmann, T. M. (2001). What's Wrong with the Patient? Of Two Minds: The Growing Disorder in American Psychiatry. New York, Knopf: 25-83.

Peutz, M. (2012). "From Some Place Deep in You.' On Personal Connections Between Researcher and Research in Mental Health." Medische Anthropologie 24(1): 179-193.

#### **9- 29.06. Mental Illness in Indonesia**

*Film: Afflictions – Culture and Mental Illness in Indonesia*. Robert Lemelson. 2010/11.

Browne, K. (2001). "(Ng)amuk Revisited: Emotional Expression and Mental Illness in Central Java, Indonesia." Transcultural Psychiatry 38(2): 147-165.

Broch, H. B. (2001). "The Villagers' Reactions Towards Craziess: An Indonesian Example." Transcultural Psychiatry 38(3): 275-305.

#### **10- 06.07. Schizophrenia and voice-hearing**

Jenkins, J. H. (2015). Expressed Emotion and Conceptions of Mental Illness: Social Ecology of Families Living with Schizophrenia. Extraordinary Conditions: Culture and Experience in Mental Illness. Oakland, University of California Press: 96-139.

Jones, N. and T. M. Luhrman (2016). "Beyond the Sensory: Findings from an in-depth Analysis of the Phenomenology of *Auditory Hallucinations* in Schizophrenia." Psychosis 8(3): 191-202.

#### **11- 13.07. Healing practices beyond the clinic**

Bierski, K. (2016). "Recovering Mental Health Across Outdoor Places in Richmond, London: Tuning, Skill and Narrative." Health and Place 40: 137-144.

Sax, W. S. (2014). "Ritual Healing and Mental Health in India." Transcultural Psychiatry 51(6): 829-849.

#### **12- 20.07. Happiness and Well-being**

Hollan, D. (2009). Selfscapes of Wellbeing in a Rural Indonesian Village. Pursuits of Happiness: Well-being in Anthropological Perspective. G. Mathews and C. Izquierdo. New York, Berghahn Books: 211-227.

Thin, N. (2009). Why Anthropology can ill Afford to Ignore Well-Being. Pursuits of Happiness: Well-being in Anthropological Perspective. G. Mathews and C. Izquierdo. New York, Berghahn Books: 23 - 44.

Johnston, B., E. Colson, D. Falk, G. St John, J. Bodley, B. McCay, A. Wali, C. Nordstrom and S. Slyomovics (2012). "On Happiness." American Anthropologist 114(1): 6 -18.

Walker, H. and I. Kavedžija (2015). "Values of Happiness." HAU: Journal of Ethnographic Theory 5(3): 1 -23.

### Further Reading

Behrouzan, Orkideh. 2015. "Medicalization as a Way of Life The Iran-Iraq War and Considerations for Psychiatry and Anthropology" *Medical Anthropology Theory*. Accessed December 10 2015.  
<http://www.medanthrotheory.org/read/5774/medicalization-way-of-life>.

Bruner, Jerome. 1997. "A Narrative Model of Self-Construction." *Annals of the New York Academy of Sciences* 818 (1): 145–61.

Cosmides, Leda, and John Tooby. 2010. "Consider the Source: The Evolution of Adaptations for Decoupling and Metarepresentations." In *Metarepresentations: A Multidisciplinary Perspective*, edited by Dan Sperber, 53–116. Oxford: Oxford University Press.

Cuellar, Jorge Enrique Buitrago. "Internally Displaced Columbains: The Recovery of Victims of Violence within a Psychosocial Framework." In *The Mental Health of Refugees : Ecological Approaches to Healing and Adaption* edited by Kenneth E. Miller and Lisa M. Rasco, 229 - 62. New York: Psychology Press, 2008.

Davidson, Larry. 1992. "Developing an Empirical-Phenomenological Approach to Schizophrenia Research" *Journal of Phenomenological Psychology* 23 (1): 3–15.

Davidson, Larry. 1994. "Phenomenological Research in Schizophrenia: From Philosophical Anthropology to Empirical Science." *Journal of Phenomenological Psychology* 25 (1): 104–30

de Jong, T. V. M. Joop "Public Mental Health, Traumatic Stress and Human Rights Violations in Low-Income Countries." In *Trauma, War, and Violence : Public Mental Health in Socio-Cultural Context* edited by T. V. M. Joop de Jong, 1 - 92. New York Kluwer Academic/Plenum Publishers, 2002.

de Put, Willem A. C. M. Van, and Eisenbruch Maurice. "The Cambodian Experience." In *Trauma, War, and Violence : Public Mental Health in Socio-Cultural Context / Edited by Joop De Jong*, edited by T. V. M. Joop de Jong, 93 - 155. New York: Kluwer Academic/Plenum Publishers, 2002.

DelVecchio Good, Mary-Jo, Hyde, Sandra T., Pinto, Sarah, Byron J. Good (eds.). 2008. *Postcolonial Disorders*. Berkeley: University of California Press.

- Downey, Greg, and Daniel H. Lende. 2012. *The Encultured Brain an Introduction to Neuroanthropology*. Cambridge, Massachusetts: MIT Press
- Fassin, Didier, and Richard Rechtman. 2009. "An End to Suspicion." In *The Empire of Trauma: An Inquiry Into The Condition of Victimhood*, 77–98. Princeton: Princeton University Press.
- Fletcher P.C, and Frith C.D. 2009. "Perceiving Is Believing: A Bayesian Approach to Explaining the Positive Symptoms of Schizophrenia." *Nat. Rev. Neurosci. Nature Reviews Neuroscience* 10 (1): 48–58.
- Foucault, Michel. 2004. "15 January 1975." In *Abnormal: Lectures at the Collège de France, 1974-1975*, edited by Valerio Marchetti, Antonella Salomoni, Arnold I Davidson, and Graham Burchell. New York: Picador.
- Goffman, Erving. 1968. "The Medical Model and Mental Hospitalization: Some Notes on the Vicissitudes of the Tinkering Trades." In *Asylums: Essays on the Social Situation of Mental Patients and Other Inmates*, 281–336. London: Penguin Books.
- Good, Byron J. 1999. "Culture and Psychopathology: Directions for Psychiatric Anthropology." In *New Directions in Psychological Anthropology*, edited by Catherine A Lutz, Theodore Schwartz, and Geoffrey M. White, 181–205. Cambridge: Cambridge University Press.
- Good, Byron J., Subandi, Mary-Jo DelVecchio Good. 2007. The Subject of Mental Illness Psychosis, Mad Violence, and Subjectivity in Indonesia. In: J. Biehl, B.J. Good, A. Kleinman (eds.), *Subjectivity: ethnographic investigations*. Pp. 243-272. Berkeley: University of California Press.
- Good, Byron. 2008. "Aesthetics, Rationality and Medical Anthropology." In *Medicine, Rationality, and Experience: An Anthropological Perspective*, 166–84. Cambridge: Cambridge University Press.
- Griffith, James L., and Brandon A. Kohrt. 2016. "Managing Stigma Effectively: What Social Psychology and Social Neuroscience Can Teach Us." *Academic Psychiatry* 40 (2): 339–47
- Hagen, Edward H. 2008. "Non-Bizarre Delusions as Strategic Deception." In *Medicine and Evolution: Current Applications, Future Prospects*, edited by Sarah Elton and Paul O'Higgins, 181–216. Boca Raton: Taylor & Francis.
- Ingham, John M. "Collective Violence" In *Psychological Anthropology Reconsidered* 222 - 246. Cambridge: Cambridge University Press, 2000.
- Ingham, John M. "Excentricity and violence" In *Psychological Anthropology Reconsidered* 144 - 166. Cambridge: Cambridge University Press, 2000.
- Jenkins, Janis H. 2011. *Pharmaceutical Self: The Global Shaping of Experience in an Age of Psychopharmacology*. Santa Fe: School for Advanced Research Press.
- Jenkins, Janis Hunter. 1991. "Anthropology, Expressed Emotion and Schizophrenia." *Ethos. Society for Psychological Anthropology* 19 (4): 387–431.
- Kienzler, Hanna, and Zeina Amro. 2017. "'Unknowing' and Mental Health System Reform in Palestine." *Medical Anthropology Theory*. Accessed December 10 2015. <http://www.medanthrotheory.org/read/5683/unknowing-mental-health-reform-palestine>.

- Kirmayer, Laurence J., Lemelson, Robert and Barad, Mark (eds.) (2007). *Understanding trauma: Integrating biological, clinical, and cultural perspectives*. Cambridge: Cambridge University Press.
- Kitayama, S. and A. Uskul (2011). "Culture, Mind, and the Brain: Current Evidence and Future Directions." *Annual Review of Psychology* 62: 419 - 449.
- Kleinman, Arthur, Leon Eisenberg, and Byron Good. 2006 [1978]. "Culture, Illness, and Care: Clinical Lessons From Anthropologic and Cross-Cultural Research." *FOCUS* 4 (1): 140–49.
- Kleinman, Arthur. 1988. *Rethinking Psychiatry: From Cultural Category to Personal Experience*. New York: Free Press.
- Kohrt, Brandon A., Mark J.D. Jordans, Suraj Koirala, and Carol M. Worthman. 2015. "Designing Mental Health Interventions Informed by Child Development and Human Biology Theory: A Social Ecology Intervention for Child Soldiers in Nepal: Designing Mental Health Interventions." *American Journal of Human Biology* 27 (1): 27–40.
- Kostelny, Kathleen, and Michael Wessels. "Internally Displaced East Timorese: Challenges and Lessons of Large-Scale Emergency Assistance." In *The Mental Health of Refugees : Ecological Approaches to Healing and Adaption* edited by Kenneth E. Miller and Lisa M. Rasco, 187-228. New York: Psychology Press, 2008.
- Lauzon, Gilles, and Ellen Corin. 1994. "From Symptoms to Phenomena: The Articulation of Experience in Schizophrenia." *Journal of Phenomenological Psychology* 25 (1): 3–50.
- Lauzon, Gilles, and Ellen Corin. 1994. "From Symptoms to Phenomena: The Articulation of Experience in Schizophrenia." *Journal of Phenomenological Psychology* 25 (1): 3–50.
- Le Roy, Jaak. "How Can Participation of the Community and Traditional Healers Improve Primary Health Care in Kinshasa, Congo?". In *Trauma, War, and Violence : Public Mental Health in Socio-Cultural Context / Edited by Joop De Jong*, edited by T. V. M. Joop de Jong, 405 - 39. New York: Kluwer Academic/Plenum Publishers, 2002.
- Lovell, A. M., and E. Susser. 2014. "What Might Be a History of Psychiatric Epidemiology? Towards a Social History and Conceptual Account." *International Journal of Epidemiology* 43 (1): i1–5.
- Lovell, Anne M. 1997. "'The City Is My Mother': Narratives of Schizophrenia and Homelessness." *American Anthropologist*. 99 (2): 355–68. **(pdf available)**
- Luhrmann, T. M. "Diversity Within the Psychotic Continuum." *Schizophrenia Bulletin* 43 (1): 27–31.
- Luhrmann, T. M. 2001. "What's Wrong with the Patient?" In *Of Two Minds: An Anthropologist Looks at American Psychiatry*, 25–84. New York: Vintage Books. (
- Luhrmann, T. M., R. Padmavati, H. Tharoor, and A. Osei. 2015. "Differences in Voice-Hearing Experiences of People with Psychosis in the USA, India and Ghana: Interview-Based Study" *The British Journal of Psychiatry* 206 (1): 41–44.
- Luhrmann, Tanya Marie. 2012. "Beyond the Brain." *The Wilson Quarterly* 36: 28–34.

- Obeyesekere, Gannath (1985). Depression, Buddhism, and the work of culture in Sri Lanka. In: A. Kleinman and B. J. Good (eds.), *Culture and depression: studies in the anthropology and cross-cultural psychology of affect and disorder* (pp. 134-152). Berkeley/Los Angeles, University of California Press.
- Rasco, Lisa M., and Kenneth E. Miller. "Innovations, Challenges, and Critical Issues in the Development of Ecological Mental Health Interventions with Refugees." In *The Mental Health of Refugees : Ecological Approaches to Healing and Adaption* edited by Kenneth E. Miller and Lisa M. Rasco, 375 - 416. New York: Psychology Press, 2008.
- Roepstorff, A. and C. Frith (2012). "Neuroanthropology or Simply Anthropology? Going Experimental as Method, as Object of Study, and as Research Aesthetic." *Anthropological Theory* 12(1): 101-111.
- Scheper-Hughes, N. 2014. "The Militarization and Madness of Everyday Life" *South Atlantic Quarterly* 113 (3): 640–55.
- Scheper-Hughes, Nancy, and Anne M Lovell. 1986. "Breaking the Circuit of Social Control: Lessons in Public Psychiatry from Italy and Franco Basaglia." *Social Science e3 Medicine Social Science e3 Medicine* 23 (2): 159–78.
- Scheper-Hughes, Nancy. 1979. "Saints, Scholars and Schizophrenics." In *Saints, Scholars, and Schizophrenics: Mental Illness in Rural Ireland*, 134–71. Berkeley: University of California.
- Scheper-Hughes, Nancy. 2000. "Ire in Ireland." *Ethnography* 1 (1): 117–40.
- Schulze, Beate, and Matthias C. Angermeyer. 2003. "Subjective Experiences of Stigma. A Focus Group Study of Schizophrenic Patients, Their Relatives and Mental Health Professionals." *Social Science e3 Medicine* 56 (2): 299–312
- Stodulka, Thomas. 2016. *Coming of Age on the Streets of Java – Coping with Marginality, Stigma and Illness*. Bielefeld: [transcript](#).
- Stodulka, Thomas. *forthcoming*. "Yogyakarta 'Street Careers' - Feelings of Belonging, Shifted Experience and Stigma Attunement". *Antropologia*, Special Issue edited by Silvia Vignato and Giuseppe Bolotta.
- Tandon, R, M Keshavan, and H Nasrallah. 2008. "Schizophrenia, 'Just the Facts' What We Know in 2008. 2. Epidemiology and Etiology" *Schizophrenia Research* 102 (1-3): 1–18.
- Trostle, James A. 2005. "The Origins of an Integrated Approach in Anthropology and Epidemiology" In *Epidemiology and Culture: Cambridge Studies in Medical Anthropology*, 21–41. Cambridge: Cambridge University Press.
- Weine, Stevan, Suzanne Feetham, Yasmina Kulauzovic, Sanela Besic, Alma Lezic, Aida Mujagic, Jasmina Muzurovic, *et al.* "Internally Displaced East Timorese: Challenges and Lessons of Large-Scale Emergency Assistance." In *The Mental Health of Refugees : Ecological Approaches to Healing and Adaption* edited by Kenneth E. Miller and Lisa M. Rasco, 263 - 94. New York: Psychology Press, 2008.
- Wessels, Michael, and Carlinda Monteiro. "Internally Displaced Angolans: A Child-Focused, Community-Based Intervention." In *The Mental Health of Refugees : Ecological Approaches to Healing and Adaption* edited by Kenneth E. Miller and Lisa M. Rasco, 67-94. New York: Psychology Press, 2008.

Winzeler, Robert L. 1995. *Latah in South-East Asia: The History and Ethnography of a Culture-bound Syndrome*. Cambridge: Cambridge University Press.